

Baaritaanka Ilkaha iyo Natiijooyinka Ningaxa

Fadlan la wadaag macluumaadkan dhakhtarka ilkaha ee ilmahaaga

Si aad u hesho macluumaad dheeraad ah ama haddii aad u baahan tahay caawimaada helista dhakhtarka ilkaha, fadlan naga soo wac **503-521-7166**

Magaca Ilmaha (Magaca Dambe, Magaca Koobaad):

Taariikhda:

Ilkaha cunugaaga waxaa lagu baaray dugsiga maanta. Natijada cunugaaga hoos ayaa lagu qoray. Fadlan sii wad inaad u tagto dhakhtarka ilkaha ugu yaraan halmar sanadkii.

NATIIJOOYINKA BAARITAANKA ILKAHA

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Ilkaha ilmahaagu waxay u muuqdaan kuwo wanaagsan! Ma jiraan calaamado muuqda oo muujinaya dhibaatooyinka ilkaha. La tasho dhakhtarkaaga ilkaha ugu yaraan hal mar sannadkii.

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Calaamadaha dhibaatooyinka ilkaha ayaa la helay. Godad suurtagal ah ama godadka yaryar ayaa lagu arkay ilkaha ilmahaaga. Booqashada dhakhtarka ilkaha ayaa lagu talinayaa bisha soo socota.

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Haddii ilmahaagu hore u helay daawaynta, fadlan sii wad la socodka dhakhtarkaaga ilkaha.

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Calaamado muuqda ama calaamado dhibaatooyin ilko oo daran ayaa la helay. bolol waaweyn oo suurtagal ah, xanuun ama nabar ayaa jira. Booqashada dhakhtarka ilkaha ayaa lagu talinayaa 24-48 saacadood ee soo socda gudahood.

XARDHIYAASHA ILKAHA

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Ningaxyo ayaa la saaray ilkaha dambe ee ilmahaaga (gowsaha).

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Ningaxyo baran ayaa la saaray. Mar kale isku diiwaangali sanadka soo socda.

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Ningaxyada lama saarin ilkaha ilmahaaga sababtoo ah:

___ Ilkaha ayaa laga yaabaa inay leeyihiin suus. Fadlan la soco dhakhtarkaaga ilkaha.

___ Ilkaha ayaa laga yaabaa in la buuxiyay.

___ Ilkaha ayaa laga yaabaa inay leeyihiin ningaxyo.

___ Ilkuhu waxay leeyihiin godad aad u siman ama qoto dheer.

___ Ilkaha uma korin si kala fog oo si ningaxyada si fiican loogu saaro.

___ Habraaca ayaa aad ugu adkaa ilmahaaga.

KADIB MARKA LA HELO NINGAXYADA ILKAHA

- Ningaxyada waxay ilaaliyaan oo kaliya ilkaha dambe. Si maalinle ah u caday una nadiifi ilkaha si aad ilkaha caafimaadkooda u ilaaliso.
- Waxaa laga yaabaa in aadan awood u yeelan inaad aragto ningaxyada ama waxay u ekaan karaan kuwo cad ama midab kareem leh.
- Waxay kula noqon kartaa mid culus inaad wax qaniinto hal ama labo maalin. Dareenkaas waa uu tagaaya.
- Falcelin xasaasiyadeed ayaa suurtagal ah laakiin waa dhif. Haddii aad wax astaamo aan caadi ahayn ku aragto ilmahaaga daawaynta kadib, wac dhakhtarka ilmahaaga.

QAATAY XABAGTA FALORAYDHKA: ☐ Haa ☐ Maya

KADIB MARKA LA QAATO XABAGTA FOLORAYDKA

- Ilmahaagu waa in uusan cadayin ilkaha ama nadiifin muddo 24 saacadood ah
- Iska ilaali cuntooyinka adag sida burka adag, nacinaca, iyo tufaaxyada

Dental Screening and Sealant Results

Please share this information with your child's dentist

Name of Child (Last Name, First Name):

Date:

Your child's teeth were checked at school today. Your child's results are marked below. Continue to see a dentist at least once a year and please sign up again next year.

DENTAL SCREENING RESULTS

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Your child's teeth look great! No visible signs of dental problems. See your dentist at least once a year.

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Signs of dental problems were found. Possible cavities or small cavities were seen in your child's teeth. A visit to a dentist is recommended in the next month.

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If your child is already receiving treatment, please continue follow-up with your dentist.

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Visible signs or symptoms of serious dental problems were found. Possible large cavities, pain or abscesses were present. A visit to a dentist is recommended in the next 24-48 hours.

DENTAL SEALANTS

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Sealants were placed on your child's back teeth (molars).

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Partial sealants were placed. Sign up again next year.

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Sealants were not placed on your child's teeth because:

___ The teeth may have cavities. Please follow-up with your dentist.

___ The teeth have fillings.

___ The teeth have sealants.

___ The teeth have grooves that are too smooth or shallow.

___ The teeth were not grown in far enough for sealants.

___ The procedure was too difficult for your child.

AFTER GETTING DENTAL SEALANTS

- Sealants only protect the back teeth. Brush and floss daily to keep teeth healthy.
- You may not be able to see the sealants, or they may look white or cream colored.
- It may feel strange to bite for a day or two. That feeling goes away.
- An allergic reaction is possible, but it is very rare. If you notice any unusual symptoms in your child after treatment, call your child's doctor.

RECEIVED FLUORIDE VARNISH: ☐ Yes ☐ No

AFTER GETTING FLUORIDE VARNISH

- Your child should not brush their teeth or floss for 24 hours
- Avoid hard foods such as pretzels, candy, and apples